

Our Vision

Children, youth and families actively participating in their communities.

Our Mission


We will use a collaborative, family-centered and team approach to promote health and independence.




Referral Process

There may be a waiting time for standard referrals. Urgent issues related to health and/or safety can be addressed in consultation with the school-based team.

Need more information? Please contact the School Age Program at:

 **250.519.6761**

 **250.519.6937**

 **2400 Arbutus Road**

Victoria, B.C. V8N 1V7



**Child, Youth & Family
Rehabilitation Services**

**School Age
Program
Occupational
Therapy**

The Therapist Assigned To Your School:

Name: _____

Phone: _____



CYFH-RS Sept 2013



What We Offer

Occupational Therapy for School Age Children and Youth

Occupational therapy helps school age children and youth achieve functional goals in the areas of daily living skills, school productivity and leisure options.

Occupational therapy may address the following areas:

- Fine motor development (*grasp of pencil/scissors*)
- Sensory-motor development (*drawing, printing, cutting*)
- Sensory processing (*touch or noise sensitivities*)
- Self-care skills (*eating, dressing, toileting, hygiene*)
- Equipment (*seating, desks, wheelchairs, commodes, splints*)
- Optimize access and use of supportive technologies (*computers, word processors, iPad, switches*)
- Accessibility (*buildings, washrooms, playgrounds*)
- Leisure (*information and access to community resources*)
- Life skills consultation (*cooking, money management, pre-job skills*)
- Transition to adulthood (*information and resources*)

Occupational Therapy Services Include:

- Evaluating the student's strengths and needs
- Supporting the student's ability to successfully participate in activities of daily living, life skills, and leisure activities
- Teaching strategies to enhance motor skills
- Consulting on environmental and structural modifications (including adaptive equipment, seating needs, and funding requests)
- Providing information regarding community resources (*e.g. At Home Program, SET-BC, QACCH clinics, Integrated Recreation programs*)
- Making therapeutic recommendations that support the student's goals in their Individual Education Plan



Accessing Our Services

Requests for occupational therapy must be discussed with the Occupational Therapist and school-based team to determine:

- What functional issues the student is experiencing (*e.g. difficulty with dressing*)
- What strategies have been tried at school

Please contact the School-Based Team to make a referral.

To ensure families are involved in determining their child's need for occupational therapy, written parental consent is required.

Schools in Districts #61, #62, and #63 receive services through continuing contracts with Island Health.

Independent schools wishing to access occupational therapy services can contact the School Age Program Coordinator at 250-519-6760.

Intervention will vary according to the needs of the student, based upon goals that are achievable at school and/or at home.