

# **Clearview Community Medical Detox**

# Frequently asked questions

# 1. Can I refer my friend or family member?

Because this is a medical service, people require a referral from a health care professional or counselor.

## 2. How can my doctor make a referral?

Doctor's office can call Clearview and request a referral form; once it is completed it can be faxed to 250-739-5892.

#### 3. Can I smoke when I am there?

Clearview Detox is a non smoking facility. We provide nicotine replacement supplies during admission.

#### 4. Can I leave once I am there?

Passes are not allowed once you are admitted. On rare circumstances a person may be transported on a pass during the admission to a medical appointment or appointment with an alcohol drug counselor.

## 5. What happens when I am discharged?

Clearview staff will work with you on your discharge plan. Some people are preparing to go to treatment, and staff can provide assistance with this during admission. Staff will work with you to ensure you have your transportation, housing and other supports arranged for discharge planning.

## 6. Can I visit with my friend or family while they are admitted?

Clearview has a no visiting policy, however you can call in daily, and there is access to a computer to check email.

### 7. Can I bring my own food or snacks?

No food or drink can be brought in from outside. Meals and snacks are provided in-house. This helps us meet our community licensing requirements.

### 8. What can I bring?

Bring a couple changes of clothes, your personal toiletry items, your own pajamas/slippers or robe. Phone numbers, books, pictures are often helpful. You will not need to bring linen, towels or bedding. Cell phones are locked up. Laptops and music players (without cameras) are allowed. We discourage bringing these items as Clearview cannot take responsibility for these items during admission, and these items can go missing during the admission.

# 9. What happens when I want to leave?

Clearview is a voluntary facility. People cannot be forced to stay admitted in the detox. If people want to leave without completing program, they will be encouraged to stay, and offered discharge planning. If a patient is determined to be medically at risk of harm to themselves or others, they would be transported to hospital for further assessment.

## 10. Do you do cocaine or other stimulant withdrawal?

Withdrawal from stimulants is typically not considered a medical detox and usually people requiring stimulant withdrawal services are referred to other social detox supports in the community. When there are other mental health diagnosis or complicating medical issues, referrals will be accepted for stimulant withdrawal.