


# Ambulatory Care Sensitive Conditions Utilization



Year to Date Performance	<b>372</b> (2022/23)	Performance Assessment		Data not yet available
Island Health Target	<b>Less than or equal to 353</b>	Performance cannot yet be assessed.		

### What do we measure and why?

Ambulatory Care Sensitive Conditions (ACSC) are a nationally pre-defined set of conditions that might not require hospital care if optimal care is provided outside of the hospital.

ACSC Utilization is the rate of acute care discharges with selected ACSC diagnoses among people of all ages, expressed as a rate per 100,000 population.

The number of hospital stays designated ACSC is considered to be an indirect measure of access to appropriate primary health care. While not all hospitalizations for ACSCs are avoidable, it is assumed that good primary health care could prevent the onset of such conditions, control or avoid acute episodes of these conditions, and improve management of chronic conditions.

### What is the target?

Island Health's target for 2023/24 is a rate less than or equal to 353 per 100,000.

Lower rates are better.

### How are we doing?

As of the third quarter of 2022/23, Island Health's rate was higher compared to the prior year. Results for the current year are not yet available.

Chronic lower respiratory diseases (excluding asthma) and Heart failure and pulmonary edema continue to be the two most common ACSC groups among Island Health residents.

### What actions are we taking?

Island Health continues to work on ways to effectively support individuals who have chronic conditions outside of the hospital. Multidisciplinary care teams help support patients to identify root causes and to change behaviour, provide advocacy support, and work across programs and services to develop client-focused care plans.

In Victoria, Nanaimo, and Oceanside (Parksville/Qualicum area), Island Health has implemented Telehome monitoring for patients with heart failure and chronic obstructive pulmonary disease.