



CORE BIOPSY DISCHARGE INFORMATION SHEET

After a core biopsy, it is normal to have some discomfort or bruising in the breast. To help this, you may choose to do any or all of the following:

- Take acetaminophen (Tylenol) 1-2 tablets every 4- 6 hours, if needed
- Apply an ice pack over the area
- Wear a bra for support, this can be worn while sleeping as well.

You may remove your dressing and shower 48 hrs following the biopsy.

Side Effects

Although you should be aware of the following side effects, the chance of experiencing them is rare:

- Infection: Any time a needle is inserted into the body, there is a potential for introducing infection. Check the insertion site for redness, swelling or any discharge and report it to your doctor immediately.
- Nipple Discharge: Nipple discharge may be seen following the core biopsy. This is considered to be a normal result of the procedure and will resolve in a few days.

Results

Please call your doctor's office to make an appt. for 5 working days from the date of your biopsy to receive your biopsy results.

Questions

Breast Health Patient Navigators are Nurses who provide support and information to Women and Men experiencing a breast health concern or breast cancer.

Breast Health Center, Victoria General Hospital

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