

Patient Collection Instructions for Cytology Urine

<p>Special Safety Instructions</p>	<p>The Cytolyt™ preservative in the sample container contains methanol and is HAZARDOUS if ingested. Do not remove this preservative from the container.</p> <p>Warning! Material is a clear flammable liquid. Inhalation of vapours may cause non-specific discomfort (nausea, weakness), drowsiness with anesthetic effects and possible blindness. Swallowing as little as 10 ounces (296 ml) may cause blindness and in extreme cases death.</p> <p>First aid measures</p> <p>Inhalation: Remove patient to fresh air. If symptoms of intoxication or vision problems are apparent, get immediate medical aid.</p> <p>Eye contact: Immediately flush with clean water for at least 15 minutes. Get medical aid.</p> <p>Skin contact: Remove contaminated clothing and shoes. Flush affected area with copious amounts of water. If irritation or other symptoms are present, get immediate medical assistance.</p> <p>Ingestion: Do not induce vomiting unless directed to do so by medical personnel. Give one or two glasses of water and get immediate medical assistance.</p>
<p>Before Collection</p>	<ul style="list-style-type: none"> Obtain the appropriate collection container from the Laboratory. Drink three 8 ounce glasses of water approximately 1 - 3 hours before sample collection – DO NOT use first morning sample; it is not suitable for testing. Wash hands thoroughly with soap and water, rinse and dry.
<p>Collecting the Sample</p>	<ul style="list-style-type: none"> Urinate directly into the container of Cytolyt™ preservative until the container is $\frac{3}{4}$ full Void remainder of urine into the toilet. Replace the lid securely on the container. Clean collection container off if any urine has splashed on the outside of the container. Wash hands after collecting the urine sample.
<p>Labeling the Sample</p>	<ul style="list-style-type: none"> The following information is required on the container: Last name, First Name, Date of Birth. Personal Health Number Date of Sample Collection Time of Sample Collection
<p>Sample Handling and Delivery</p>	<ul style="list-style-type: none"> When you have completed the collection and labeling, place the sample in the plastic bag provided and seal the bag. Place the completed requisition in the outer pocket of the plastic bag. Do not place requisition inside the sealed section of the bag containing the sample. The urine sample in Cytolyt™ is stable for up to 7 days. If there is any delay in submitting the urine sample, the sample should be refrigerated. Check that the information on the requisition is correct and complete. Bring the sample and the Physician's request (requisition) to the Laboratory within 24 hours of the collection of the final sample. <p><u>Samples that are not labeled correctly and/or do not have a completed requisition will NOT be tested</u></p>