

CLEANING AND DISINFECTION IN COMMUNITY CLINIC SETTINGS.

GENERAL PRINCIPLES

- Always perform a Point of Care Risk Assessment (PCRA) to assess what PPE is required for cleaning (wear gloves at a minimum).
- Use an Island Health approved disinfectant. Ready to Use (RTU) wipes are acceptable.
- Clean from cleanest surface to dirtiest surface and from highest surfaces to lowest surfaces.
- Never double dip a cleaning cloth in cleaning solution.
- Never use the same surface of a cloth to wipe more than one object. Use a new cloth for each room.
- Use separate cloths for clean and dirty tasks.
- Remove gloves, perform hand hygiene and put on a new pair of gloves between rooms and between dirty and clean tasks.

MID-DAY CLEANING

- All frequently touched surfaces in the waiting room and clinical areas should be cleaned midday including door handles, railings, toys, waiting room chairs and touch surfaces in public bathrooms.

CLEANING BATHROOMS

IF SOILED DURING THE DAY

1. Perform hand hygiene and put on gloves (and other PPE as required).
2. Remove any gross contamination or bodily fluids (see Two-Step Process*).
3. Clean and disinfect, working from clean to dirty and from high to low. Use separate cloths for fixtures, sink and toilet. Ensure the following areas are cleaned:
 - Wipe door handle and light switch
 - Wipe paper towel and soap dispensers
 - Wipe support railings
 - Wipe sink fixtures and sink basin
 - Wipe toilet flush lever
 - Wipe toilet seat (including underside)
 - Spot clean the floor as needed
 - All other high touch or contaminated surfaces
4. Remove gloves/PPE and perform hand hygiene.

Please note, this document does not cover end of day cleaning or other cleaning details included in the general clinic cleaning contract.

CLEANING & DISINFECTION BETWEEN CLIENTS

1. Perform hand hygiene and put on gloves (and other PPE as required).
2. Take specimens and used procedure equipment to the soiled utility room to be disposed of or re-processed.
3. Remove all soiled linens, used paper, and disposable supplies. Remove waste bag only if full or needing to be removed due to smell/visible body fluids.
4. Clean any visible soiling using the two-step process.
5. Remove gloves, perform hand hygiene and put on a new pair of gloves.
6. Clean and disinfect **only those horizontal surfaces and equipment that have come in contact with the patient or have been used.**
7. Remove gloves and perform hand hygiene.

Note: Phone, keyboard, mouse and touch-screens should be cleaned and disinfected between providers (even in non-clinical areas). Touch-screens may require a special cleaner.

CLEANING & DISINFECTION FOR DROPLET & CONTACT PRECAUTIONS:

- Clean hands and put on Droplet & Contact PPE
- Follow steps 2-5 above and:
- Wipe ALL high touch surfaces such as the door handles, cupboard handles and ABHR dispensers.
- Wipe ALL horizontal surfaces such as sinks and taps, countertops, desks, chairs and exam tables.
- Wipe ALL medical equipment in the room (e.g. vital signs measuring equipment, otoscopes, etc.)
- Wipe down the phone, keyboard, mouse, and touch-screens. Touch-screens may require a special cleaner.
- Remove PPE and clean hands
- Check walls, floors and curtain for visible soiling. Do not clean and disinfect walls and floors or change curtains unless specifically requested by clinician or visibly soiled.

IF A SURFACE IS VISIBLY SOILED, FOLLOW A TWO-STEP PROCESS (CLEANING FOLLOWED BY DISINFECTION)

- a. Perform hand hygiene and put on gloves and other additional PPE according to risk assessment.
- b. Remove large amounts of blood or body fluids using disposable paper towels and/or solidifying agents. Discard (if soaked or dripping with blood, dispose in biohazard waste.)
- c. Wipe the surface with one disinfectant wipe to clean and remove all visible soiling. Discard wipe.
- d. Remove gloves, perform hand hygiene and put on a new pair of gloves.
- e. Wipe all surfaces with a second disinfectant wipe to disinfect. Discard wipe. Allow surface to remain wet for required contact time (check manufacturer instructions).