

Vancouver Island Youth & Family Substance Use Services

SOUTH ISLAND			
Location	Organization	Services Offered	Contact Information
VICTORIA / SOUTH ISLAND	Victoria Youth Empowerment Society (YES) www.vyes.ca	<ul style="list-style-type: none"> • Youth Outreach Team/Services • Supported Independent Living Counselors • Youth and Family Counselors including a Youth & Family Outreach Counsellor • Wellness Program • Youth Detox • Youth Shelter • Life skills Program • Alliance Club (Basic needs available) • Summer Opportunities Program 	533 Yates Street Victoria, BC V8W 1K7 Tel: 250-383-3514 Fax: 250-383-3812 Hours: 9:00 am - 5:00 pm Email: syd@yves.ca
	Foundry Victoria www.victoriayouthclinic.ca/	<ul style="list-style-type: none"> • Youth Counselling • Outreach support • Vaccines / Medical testing • Foundry Centre 	818 Douglas Street, 3 rd Floor Victoria, BC V8W 2B6 Tel: 250-383-3552 Fax: 250-383-3502 Hours: Monday-Thursday 11:00 am-5:00 pm Fridays 11:00 am-4:00 pm
	Threshold Housing Society Supportive Recovery Program www.thresholdhousing.ca/supportive-recovery/	<ul style="list-style-type: none"> • Withdrawal Management & Supportive Recovery Beds • Supportive Housing Program • Case Management • Life Skills Program • Counselling 	1524 Fort Street Victoria, BC V8S 5J2 Tel: 250-383-8830 Hours: 9:00 am - 4:00 pm Email: assist@thresholdhousing.ca
	Island Health, Discovery Youth & Family Substance Use Services www.islandhealth.ca search for "Discovery Youth"	South Island services: <ul style="list-style-type: none"> • Youth & Family Counselling • Prevention & Early Intervention • Services offered in the office, community & school settings 	Esquimalt Health Unit 530 Fraser Street, 2 nd Floor Victoria, BC V9A 6H7 Tel: 250-519-5313 Fax: 250-519-5314 Hours: 8:30 am - 4:30 pm Email: Discovery.SouthIsland@islandhealth.ca
	Sooke Family Resource Society www.sfrs.ca	<ul style="list-style-type: none"> • Youth Outreach and Navigator Service 	105 – 2145 Townsend Road Sooke, BC V9Z 0H3 Tel: 250-642-5152 Fax: 250-642-7663 Hours: By appointment Email: info@sfrs.ca

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VICTORIA / SOUTH ISLAND	Youth Short Term Assessment and Response (Y-STAR)	<ul style="list-style-type: none"> • Crisis Assessment & Response • Substance Use Treatment Support • Overdose Prevention & follow-up • Connection to Services • Transition Support • Resource & Referral Coordination • Outreach • Harm Reduction 	Esquimalt Health Unit 530 Fraser Street, 2 nd floor Victoria, BC V9A 6H7 Tel: 250-519-3050 Fax: 250-519-5159 Hours: 8:30 am-4:30 pm
	Youth Tier 5 (YT5) Mobile Intensive Case Management Team	<ul style="list-style-type: none"> • Outreach Support • Wrap-around Case Management & Support (including social workers, nursing & nurse practitioner). • Support for high-risk youth with high level so substance use who do not have other significant supports. 	Esquimalt Health Unit 530 Fraser St, 1 st Floor Victoria, BC V9A 6H7 Tel: 250-519-5274 Fax: 250-519-6952 Hours: 8:00 am – 5:30 pm Email: ICMTYouth@islandhealth.ca
GULF ISLANDS	Salt Spring Island Community Services www.saltspringcommunityservices.ca	<ul style="list-style-type: none"> • Youth & Family Counselling • Youth Outreach Services 	268 Fulford-Ganges Road Salt Spring Island, BC V9K 2K6 Tel: 250-537-9971 Fax: 250-537-9974 Hours: 9:00 am - 4:00 pm
CENTRAL ISLAND			
COWICHAN VALLEY AREA	Island Health, Discovery Youth & Family Substance Use Services www.islandhealth.ca search for “Discovery Youth”	<ul style="list-style-type: none"> • Youth & Family Counselling • Prevention & Early Intervention • Services offered in the office, community & school settings 	222 Cowichan Way Duncan, BC V9L 6P4 Tel: 250-737-2029 Fax: 250-709-3046 Hours: by appointment Email: Discovery@islandhealth.ca
	Youth Short Term Assessment and Response (Y-STAR)	<ul style="list-style-type: none"> • Crisis Assessment & Response • Substance Use Treatment Support • Overdose Prevention & follow-up • Connection to Services • Transition Support • Resource & Referral Coordination • Outreach • Harm Reduction 	222 Cowichan Way Duncan, BC V9L 6P4 Tel: 250-737-2029 Fax: 250-709-3046 Hours: 7 days a week/365 days a year 9:00 am to 5:00 pm

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<p>LADYSMITH</p>	<p>Island Health, Discovery Youth & Family Substance Use Services</p> <p>www.islandhealth.ca search for "Discovery Youth"</p>	<ul style="list-style-type: none"> • Youth & Family Counselling • Prevention & Early Intervention • Services offered in the office, community & school settings 	<p>1111 – 4th Avenue Ladysmith, BC V9G 1A1 Tel: 250-739-5790 Fax: 250-740-2672 Hours: by appointment Email: Discovery@islandhealth.ca</p>
<p>NANAIMO</p>	<p>Island Health, Discovery Youth & Family Substance Use Services</p> <p>www.islandhealth.ca search for "Discovery Youth"</p>	<ul style="list-style-type: none"> • Youth & Family Counselling • Prevention & Early Intervention • Services offered in the office, community & school settings 	<p>206 – 96 Cavan Street Nanaimo, BC V9R 2V1 Tel: 250-739-5790 Fax: 250-740-2672 Hours: 8:30 am - 5:00 pm Email: Discovery@islandhealth.ca</p>
<p>NANAIMO</p>	<p>NARSF Programs www.narsf.org</p>	<ul style="list-style-type: none"> • Transitions Youth Withdrawal Management/Supportive Recovery Beds & Pathways to Wellness Groups • LIFT (Living in Families with Teens) • Sexual Abuse Intervention Program (SAIP) • Eating Disorders Program (ED) • Youth Service Program (MCFD referral only) • Mental Health Outreach (CYMH referral only) • Dignity & Respect Program (MCFD referral only) • Harm Reduction Services <ul style="list-style-type: none"> - Health Matters Clinic - Mobile Health Outreach 	<p>NARSF Admin Office 201 – 170 Wallace Street Nanaimo, BC V9R 5B1 Tel: 250-754-2773 Fax: 250-754-1605</p> <p>Transitions Group Space 300 Terminal Avenue Nanaimo, BC Intake Line: 250-714-8167</p> <p>SAIP, LIFT, ED Intake Line: 250-754-2773 ext. 102</p> <p>Health Matters Clinic (STI Testing) 250-753-6759</p> <p>Mobile Health Outreach (Harm Reduction Services) 1-844-482-4239</p>
	<p>Tillicum Lelum Aboriginal Friendship Centre www.tillicumlelum.ca</p>	<ul style="list-style-type: none"> • Short-term Youth Safe House 	<p>927 Haliburton Street Nanaimo, BC V9R 6N4 Tel: 250-753-8291 Fax: 250-753-6560</p> <p>Youth Safe House: Tel: 250-753-8266</p>

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<p>NANAIMO</p>	<p>Youth Short Term Assessment and Response (Y-STAR)</p>	<ul style="list-style-type: none"> • Crisis Assessment & Response • Substance Use Treatment Support • Overdose Prevention & follow-up • Connection to Services • Transition Support • Resource & Referral Coordination • Outreach • Harm Reduction 	<p>#39-1925 Bowen Road Nanaimo, BC V9S 1H1 Tel: 250-755-7945 Fax: 250-755-7946 Hours: 7 days a week/365 days a year 9:00 am -5:00 pm</p>
<p>PARKSVILLE / QUALICUM</p>	<p>Island Health Discovery Youth & Family Substance Use Services www.islandhealth.ca search for “Discovery Youth”</p>	<ul style="list-style-type: none"> • Youth & Family Counselling • Prevention & Early Intervention • Services offered in the office, community & school settings 	<p>Parksville Family Place 494 Bay Avenue Parksville, BC V9P 2G5 Tel: 250-947-8215 Fax: 250-947-8244 Hours: 8:30 am – 4:30 pm Email: Discovery@islandhealth.ca</p>
<p>PORT ALBERNI</p>	<p>Alberni Valley Drug & Alcohol Prevention Service</p>	<ul style="list-style-type: none"> • Youth & Family Counselling • Prevention & Early Intervention Services 	<p>4260A - 10th Avenue Port Alberni, BC V9Y 4X3 Tel: 250-724-6166 Fax: 778-421-0465 Hours: 8:30 am - 4:30 pm</p>
	<p>Youth Short Term Assessment and Response (Y-STAR)</p>	<ul style="list-style-type: none"> • Crisis Assessment & Response • Substance Use Treatment Support • Overdose Prevention & follow-up • Connection to Services • Transition Support • Resource & Referral Coordination • Outreach • Harm Reduction 	<p>5050 Strathern Street Port Alberni, BC V9Y 3E3 Tel: 250-731-1358 Fax: 250-731-1359 Hours: 7 days a week/365 days a year 8:30 am- 4:30 pm</p>
<p>WEST COAST</p>	<p>Westcoast Community Resources Society www.wccrs.ca</p>	<ul style="list-style-type: none"> • Youth & Family Counselling • Youth Outreach Services 	<p>500 Matterson Drive Ucluelet, BC V0R 3A0 Tel: 250-726-2343 Fax: 250-726-2353 Hours: Monday to Friday 9:00 am -4:30 pm</p>

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NORTH ISLAND			
COURTENAY	The John Howard Society of North Island www.jhsni.bc.ca	<ul style="list-style-type: none"> • Youth & Family Counselling • Alcohol and Drug treatment • School based Prevention • Youth Outreach Services • Withdrawal Management & Supportive Recovery Beds 	1455 Cliffe Avenue Courtenay, BC V9N 2K6 Tel: 250-338-7341 Fax: 250-338-6568 Hours: 8:30 am - 4:30 pm
	Foundry Comox Valley Comox Valley - Foundry - (foundrybc.ca)	<ul style="list-style-type: none"> • MHSU Services • Primary Care (Youth Physical Health) • Peer Support • Elders/Cultural Support • Youth Outreach • Youth to Adult Transition Support • Housing & Employment Support • Youth & Family Conflict Resolution • Aboriginal Youth Navigator • Wellness Groups 	575 10 th Street Courtenay, BC V9N 1P9 Tel: 250-338-7431 Hours: Mon/Wed/Friday – 8:30 am-4:30 pm Tuesday/Thursday – 10:00 am – 6:00 pm
CAMPBELL RIVER	The John Howard Society of North Island www.jhsni.bc.ca	<ul style="list-style-type: none"> • Youth & Family Counselling • 180° Detox & Stabilization Program • Youth Outreach Services • Youth Independent Living • Parent / Teen Mediation • Youth Community Services • Foundry Centre 	201 – 140A 10 th Avenue Campbell River, BC V9W 4E3 Tel: 250-286-0611 Fax: 250-286-3650 Hours: 8:30 am - 4:30 pm
	Youth Short Term Assessment and Response (Y-STAR)	<ul style="list-style-type: none"> • Crisis Assessment & Response • Substance Use Treatment Support • Overdose Prevention & follow-up • Connection to Services • Transition Support • Resource & Referral Coordination • Outreach • Harm Reduction 	Unit A-220 Dogwood Street Campbell River, BC C9W 2A6 Tel: 250-850-2188 Fax: 250-850-2639 Hours: 7 days a week/365 days a year 9:00 am- 5:00 pm
HORNBY / DENMAN ISLAND	Hornby and Denman Community Health Care Society www.hornbydenmanhealth.com	<ul style="list-style-type: none"> • Youth & Family Counselling • Youth Outreach Services 	1965 Sollans Road Hornby Island, BC V0R 1Z0 Tel: 250-335-2885 Youth Outreach: 250-443-1658 Hours: By appointment

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GOLD RIVER / TAHSIS	The John Howard Society of North Island www.jhsni.bc.ca	<ul style="list-style-type: none"> • Youth & Family Counselling • Youth Outreach Services 	601 Trumpeter Drive Gold River, BC V0P 1G0 Tel: 250 283-2626 ext. 2 Fax: 250-283-7561 Hours: 8:30am - 4:30pm
MT. WADDINGTON AREA	Island Health, Discovery Youth & Family Substance Use Services www.islandhealth.ca search for "Discovery Youth"	<ul style="list-style-type: none"> • Youth & Family Counselling • Prevention & Early Intervention • Services offered in the office, community & school settings 	7305 Market Street Box 1035 Port Hardy, BC V0N 2P0 Tel: 250-902-6063 Fax: 250-902-6064 Hours: by appointment Email: Discovery@islandhealth.ca
	Youth Short Term Assessment and Response (Y-STAR)	<ul style="list-style-type: none"> • Crisis Assessment & Response • Substance Use Treatment Support • Overdose Prevention & follow-up • Connection to Services • Transition Support • Resource & Referral Coordination • Outreach • Harm Reduction 	7305 Market Street Port Hardy, BC V0N 2P0 Tel: 250-902-6063 ext. 66962 Fax: 250-902-6064 Hours: 7 days a week/365 days a year 9:00 am- 5:00 pm