

Mission Statement

Youth and Family Substance Use Services on Vancouver Island are committed to providing effective, integrated, strength-based community services that are accessible and accountable to youth, families and their supports.



Our services are holistic, family-centered, recovery oriented and informed by a harm reduction philosophy.

Youth and their families will be offered services based on their own goals and can expect our services and staff to be:

- Welcoming
- Confidential
- Respectful
- Client Directed
- Non-Judgmental
- Supportive
- Informative
- Strength-Based
- Culturally Sensitive
- Trauma Informed

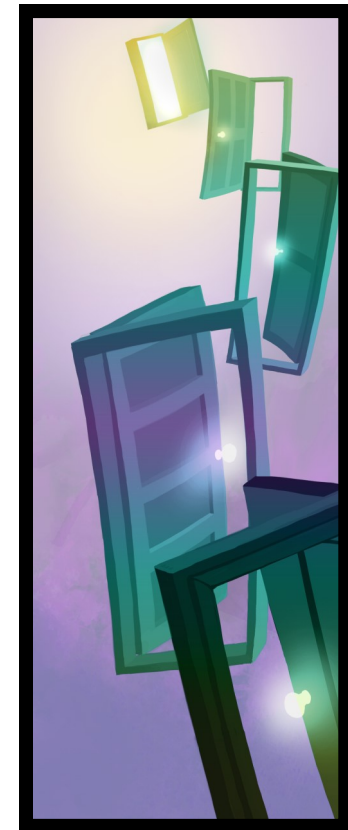
islandhealth.ca

Search for
“youth & family substance use services”



We welcome all members of our diverse communities.

Vancouver Island Youth & Family Substance Use Services



Opening Doors for Youth & Families on Vancouver Island



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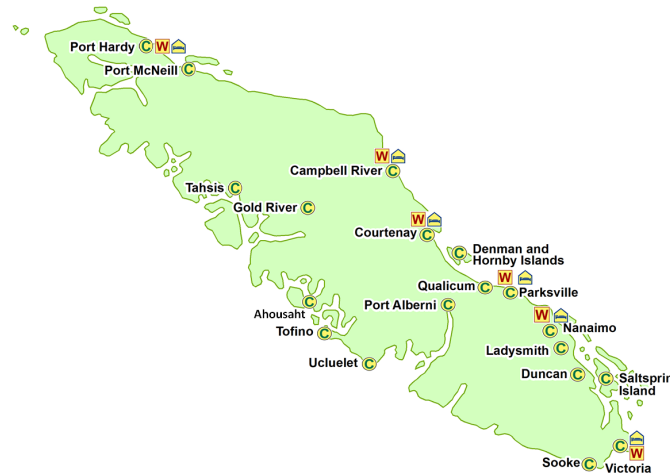
Island Health Services

Island-Wide Services

Discovery Youth & Family Substance Use Services
Counselling, Outreach & Prevention Services
Islandhealth.ca

Greater Victoria area 250-519-5313
discovery.southisland@islandhealth.ca

Cowichan Valley area 250-737-2029
Nanaimo / Ladysmith 250-739-5790
Oceanside Area 250-947-8215
Port Hardy & area 250-902-6063
discovery@islandhealth.ca



W Withdrawal Management Services

 Supported Residential Beds and Associated Services

C Community Based Counselling

Island Health Funded Services

South Island

Threshold Housing Society (Victoria)
Supportive Recovery Program 250-383-8830
Thresholdhousing.ca/supportive-recovery/

Victoria Youth Clinic
Foundry/Health Services 250-383-3552
victoriayouthclinic.ca
foundrybc.ca/victoria

Victoria Youth Empowerment Society
Specialized Youth Detox 250-383-3514
yves.ca; syd@yves.ca

Sooke Family Resource Society
Youth Outreach & Navigator Service
250-642-5152
sfrs.ca

Saltspring Island Community Services
Prevention & Counselling Services
250-537-9971
saltspringcommunityservices.ca

Central Island

NARSF

Transitions Youth Withdrawal & Stabilization Program (Nanaimo) 250-754-2773 ext. 218
narsf.org

Tillicum Lelum Aboriginal Friendship Society
Youth Safe House (Nanaimo) 250-753-8266
tillicumlelum.ca

Alberni Drug & Alcohol Prevention Service (ADAPS)
Prevention, Outreach & Counselling Services
Port Alberni 250-724-6166

Westcoast Community Resources Society
Outreach & Counselling Services
Ucluelet, Tofino & Ahousaht
250-726-2343
wccrs.ca

North Island

Hornby Denman Community Health Care Society
Outreach & Counselling Services
250-218-6521
hornbydenmanhealth.com

The John Howard Society of North Island
Foundry, Prevention, Outreach, Counselling, & 180° Detox and Stabilization
Courtenay 250-338-7341
Campbell River 250-286-0611
Gold River / Tahsis 250-283-2626 ext. 64413
jhsni.bc.ca
foundrybc.ca/campbellriver

We recognize that youth and families experience a variety of problems associated with alcohol and other drugs.

We work with youth's families and/or supports to achieve positive change.

We work with any stage of change and in any stage of use by providing or offering information and a variety of **free** services:

- Withdrawal Management Services
- Supported Residential Services
- Individual and Family Counselling Services
- Outreach Services
- Prevention Services
- Individualized Planning Services
- Services for parents/caregivers including groups
- Coordination of services within our system of care

All services can be accessed by youth and their families in any community.

Please call any of the services listed to refer yourself or someone you care about.