

# SUGGESTED FIRST AID SUPPLIES RESIDENTIAL CARE

### **COMMUNITY CARE FACILITIES LICENSING PROGRAM**

Section 43 of the Residential Care Regulation states:

(2) A licensee must have first aid supplies that are readily accessible to all employees, including while care is provided off the community care facility premises.

First aid supplies kept at a residential facility should include, at a minimum, the items listed below. The quantity of each item should reflect the size of the facility and the access to medical assistance. Some facilities may wish to include additional items.

#### Equipment

- Disposable gloves
- Band Aids (various sizes)
- Gauze roll
- Adhesive tape (non-allergic)
- Elastic tensor bandages
- First aid manual

- Pocket mask with one-way valve
- Sterile gauze pads (various sizes)
- Non-adherent dressings
- Triangular bandages
- Antiseptic swabs or wipes
- Pen/pencil and notepad

#### Instruments

- Bandage scissors
- Safety pins

Tweezers or splinter forceps

## **Emergency Phone Numbers**

Keep in the first aid kit on a laminated/waterproof card.

Emergency: 911	
Ambulance:	check local listings
Fire:	check local listings
Police:	check local listings
Poison Control: 1 800 567 8011 (province wide)	

Poison Control: 1.800.567.8911 (province wide)

Victoria 201 – 771 Vernon Avenue Victoria, BC V8X 5A7 Ph: 250.519.3401 Fax: 250.519.3402

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Website: Community Care Facilities Licensing

Nanaimo 29 – 1925 Bowen Road Nanaimo, BC V9S 1H1 Ph: 250.739.5800 Fax: 250.740.2675 Courtenay 355 – 11<sup>th</sup> Street Courtenay, BC V9N 1S4 Ph: 250.331.8620 Fax: 250.331.8596 Campbell River 200 – 1100 Island Highway Campbell River, BC V9W 8C6 Pb: 250 850 2110

Ph: 250.850.2110 Fax: 250.850.2455